



HARMONIC EGG
NAPERVILLE

1. Plan to dress comfortably when visiting Harmonic Egg Naperville. We also ask you to refrain from wearing any perfumes or colognes. All metal, including jewelry must be removed for the session. Pacemakers and implanted metal are permissible.

We suggest you be prepared to relax during your session. It doesn't matter whether a person sleeps, and it doesn't matter if your eyes are open or closed.

2. Use the time to relax and heal. Long walks and hiking, shopping and strenuous exercise are discouraged after sessions. Your health is the most important thing. It should be your priority in life above everything else. Your health allows you joy, love, productivity and creativity to flourish.

3. Should you plan more than one visit? Everyone is different; thus, the number of sessions is dependent on the individual. Please discuss this with the practitioner after your session. Most people need 4-10 visits to see good results. We do have packages available for purchase. After you achieve the level of wellness you wish to achieve maintenance sessions are recommended.

Factors that can be controlled by the individual which would aid the healing process are: drinking the required water, eating a good diet and staying away from stimulants such as coffee, tea and nicotine/marijuana, eliminating the use of alcohol or drugs, avoiding emotional, environmental or physical trauma, getting enough rest and the *big one*...try to avoid STRESS.

4. Please reschedule any blood work, massage, acupuncture, biofeedback, cranial sacral, EMDR, use of the BioMat or any other energy work for 5-7 days after doing a single session. People who perform energy work will be fine doing their work, but do not want to have work done on them.

5. Commit to drinking about 90 ounces to a gallon of water a day for about 5-7 days after a session.

6. By signing this you are acknowledging Harmonic Egg Naperville is not your primary care physician.

7. Cancellation Policy requires 24-hours notification or you will be asked to pay the session fee. Thanks for understanding.

X _____

Print Name: _____ Phone: _____



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INFORMED CONSENT/CLIENT DECLARATION

I hereby voluntarily consent to a relaxation therapy session at Harmonic Egg Naperville. I have read the program protocol and conditions and agree to comply with all recommendations, to the best of my ability, in order to receive maximum benefit.

I am responsible for the decision to seek this type of relaxation therapy program that could include improvement of the physical, psychological / emotional and environmental aspects of my illness. I recognize that the Harmonic Egg Naperville staff do not treat any specific disease or illness and they are not licensed, certified, or registered by the state as a health care professional. However, all staff members are trained technicians and possess the proper training for administering sessions for clients. I recognize the possibility that this program may not prove successful or accomplish the results I expect or hope for. I understand that best results are obtained with a package program / protocol and membership.

I am fully informed that this approach to health differs from, and may not be recognized by, traditional medical standards. Clients should discuss any recommendations made by Harmonic Egg Naperville with their medical professional. As further inducement to Harmonic Egg Naperville to provide services for me, I hereby waive any claims and demands that I might now or hereafter have against Harmonic Egg Naperville or its owners or staff that may arise, or deemed to arise from participating in therapy programs at Harmonic Egg Naperville, and I hereby further release Harmonic Egg Naperville and its owners and consultants from any and all liability of whatsoever kind or nature arising out of or in any way relating to the therapy sessions I will receive at Harmonic Egg Naperville. Harmonic Egg Naperville does carry liability insurance as deemed necessary by the State of Colorado and the leasing agent in which we are doing business on their property.

I understand that Harmonic Egg Naperville reserves the right to deny treatment if it is not deemed by Harmonic Egg Naperville to be in the best interest of the client(s) or staff.

It is understood that any therapy sessions, remedies, nutritional supplements, or treatment modalities are intended to enhance overall body performance and are not intended or implied to treat or "cure any specific illness." It is understood that any suggestions regarding remedies and nutritional supplements are only Harmonic Egg Naperville's best recommendation and are at no time to be considered a prescription.

Date: _____

Client Name (print): _____

Signature: _____



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CONFIDENTIAL CLIENT APPLICATION

Client: _____ DOB: _____ Height: _____ Weight: _____
 Telephone Home: _____ Work: _____ Cell: _____
 Address: _____ Email: _____
 City: _____ State: _____ Zip Code: _____
 Emergency Contact: _____ Relation: _____ Phone: _____
 Relationship Status: Single Married Partner Separated Divorced Widow Widower
 Spouse/Partner Name: _____ # of children _____
 Occupation: _____ Do you enjoy your job? Y N
 Primary Reason for seeing us: _____
 Have others helped you with the problem: _____
 What are your expectations after the sessions: _____
 Who can we **thank** for your being here (who referred you): _____
 Check conditions listed below which you have experienced: Use P for over a year ago, C for current

METABOLISM

- Weight Gain
- Weight Loss
- High/Low BP
- Blood sugar
- Thyroid

SKIN

- Rash
- Eczema
- Dry Skin
- Acne
- Recent Botox
- Any recent substance Injection under skin

EYES/EARS/MOUTH

- Headaches
- Dizziness
- Ringing in Ears
- Blurred Vision
- Sinus Problems
- Difficulty Swallowing
- Mouth Sores

DENTAL

- Tooth Problems
- Root Canals
- Amalgam Fillings
- Difficulty chewing
- TMJ

CHEST

- Chest Pain
- Palpitations
- Cough
- Shortness of Breath
- Asthma

NEUROLOGIC

- Numbness or Tingling
- Weakness
- Insomnia
- Poor Balance

MALE

- Prostate
- Cancer

DIGESTION

- Heartburn
- Abdominal Pain
- Gas/Bloating
- Diarrhea
- Constipation
- Blood in stool
- History of Ulcers
- Colitis
- Liver Disease

URINARY

- Frequent Urination
- Difficulty starting Urination
- Urinary Incontinence

ALLERGIES

- Medications
- Chemicals
- Foods
- Plants

FEMALE

- Pregnant
- Problems with periods
- Cancer
- Breast Tenderness
- Breast Implants
- Menopausal Symptoms

STRUCTURAL

- Arthritis
- Bursitis
- Osteoporosis
- Foot/Ankle Swelling
- Blood Clots/Phlebitis
- Varicose Veins
- Recent Surgery
- Neck Pain/Problems
- Back Pain/Problems
- Sciatica

IMMUNE

- Chronic Fatigue
- Fibromyalgia
- Yeast Infections
- Past viral infections
- Past Strep or Mono
- Epstein- Barr
- Lyme



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Describe any specific medical attention or assistance you will need while visiting our center (you must be able to get into the unit or bring a caregiver to help you). _____

Will you be bringing a caregiver, nurse or spouse with you? _____

Please circle the word that best describes your current state of health:

Excellent Good Average Improving Declining Serious Debilitated

What brings you joy? _____

Please circle the most emotional draining relationship or relationship in your life:

Significant Other Job Children Your Relationship with Yourself State of the World

Is your home environment peaceful or stressful most of the time? _____

Do you have trouble concentrating, or 'brain fog'? Y N Do you feel supported? Y N

What drives you, inspires you, gives you a sense of purpose: _____

Please check the emotions that best reflect how you feel most of the time:

<input type="checkbox"/> Joy	<input type="checkbox"/> Sad	<input type="checkbox"/> Excited	<input type="checkbox"/> Optimistic
<input type="checkbox"/> Anger	<input type="checkbox"/> Depressed	<input type="checkbox"/> Passionate	<input type="checkbox"/> Terrified
<input type="checkbox"/> Resentment	<input type="checkbox"/> Hopeless	<input type="checkbox"/> Safe	<input type="checkbox"/> Anxious
<input type="checkbox"/> Peaceful	<input type="checkbox"/> Despair	<input type="checkbox"/> Calm	<input type="checkbox"/> Alone
<input type="checkbox"/> Happy	<input type="checkbox"/> Blissful	<input type="checkbox"/> Afraid	<input type="checkbox"/> Frustrated

Do you adhere to any particular diet? _____

How many hours of sleep do you get on average? _____

Do you drink filtered or purified water? Y N

Describe your exercise/activity routine: _____

Are you sensitive to light / loud noise? Y N If Yes, please explain _____

Are you in fear regarding your health? _____

Regaining well being requires a strong personal commitment. How ready are you to make the lifestyle changes, the diet changes and the attitude changes that may be necessary to good health?

Ready Somewhat Not looking to make changes

I have read the above information and have filled out the form to the best of my knowledge. I understand that the questions on this form are being asked in order to better access my current circumstances and their relationship to my well-being. I further understand that I am voluntarily agreeing to have a relaxation therapy session and that no medical claims or promises of healing have been given.

Signature: _____ Date: _____



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Medications, Herbs, Supplements (list name, dose, and purpose)

We recommend drinking 90 - 128 ounces of water daily starting on the day before your first session and for the days of integration.

Do you expect any difficulty with this? Y N

Explain: _____

How much do you use? Alcohol _____ Tobacco _____

Coffee/Tea _____ Drugs/Marijuana _____

Injuries/Accidents? Y N When & Describe _____

Traumatic life events leading to any illness: _____

Toxic Exposures: _____

Describe other medical conditions that we should be aware of: _____

__ Cancer __ Heart Problems __ Stroke __ Seizures __ Diabetes __ MS

Other: _____

Areas in body of complaint or tension: _____

Surgeries with dates (include location of metal plates/rods/screws) _____

Family medical history: __ Diabetes __ Heart Problems __ High BP __ Cancer __ Alzheimer's

Other: _____

Current Pain Level (1=very low, 5=very high): 1 2 3 4 5 Explain: _____

Current Stress Level (1=very low, 5=very high): 1 2 3 4 5 Explain: _____

Current Energy Level (1=very low, 5=very high) 1 2 3 4 5 Explain: _____